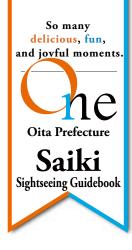
Discover. Saiki



A most splendid day Will make you lose track of time



Saiki Tourist Information Center Tel +81-972-23-3400 2-6-37, Eki-mae, Saiki, Oita Prefecture. Saiki City Tourism Division Tel +81-972-22-3942 1-1, Nakamura Minami-machi, Saiki, Oita Prefecture.





Oita:Japan's best hot Springs hot spot **()** Full of flavors

Saiki is the place to visit for a relaxing break.

Time slows to a relaxing pace **Delicious food** Interactions with relaxed people

Why not take a break in Saiki?

Kyushu's largest city, Saiki, is full of delicious and fun things to do that are better than anywhere else. Spend enjoyable time in ways that will make you smile. Go on a journey and fully experience Saiki.



The significance of One The word One in the guidebook title refers to "Number One" and the very best of what Saiki has to offer, and this book is packed full of Saiki's best. We hope you will enjoy a time that is relaxing and easygoing as the sea, in Saiki,

CONTENTS

- Discover Saiki 4-7 Go on a drive to find impressive views.
 - 8-11 Tick off items on your bucket list in Saiki.
 - 12-17 Suggested Itineraries
 - 18-19 Saiki Map

Saiki Food I~V [Feature: Food] Discover Saiki's culture



















Saiki Drive

Gaze in wonder at the uninterrupted azure vista.

Discover breathtaking sweeping views!

Your mind will switch into vacation mode as you gaze at the horizon in the distance. You will spontaneously take a deep breath as the ever-changing ocean, picturesque fishing ports, and dynamic mountains stir your emotions. With a beautiful sea spreading along the pacific coast and verdant rural landscape inland, you will discover that Saiki is dotted with scenic spots, sparkling with the charms of nature offering many spectacular views. The scenic route with views of Yonouzu and Kamae, also known as Bungo Kuroshio Line, offers the best exhilarating seaside drive. The route's highest point, 250 meters above sea level, offers the view of Bungo Channel below, where the mountains of Shikoku can be seen behind the open sea on a clear day.

Take a moment to enjoy the gentle sound of the waves, the sea breeze caressing your skin, and the sea merging with the sky.

Sora no Koen (Sky Park) (1) Situated along Bungo Kuroshio Line with the magnificent Pacific Ocean below, the park offers the view of the mountains of Shikoku on a clear day. It is perfect for a family day-out.

Bells of Happiness **i**

Ringing the Bells of Happiness in the four scenic spots Saiki is proud of; Marinopolis Memorial Park, Tsurumisaki Lighthouse, Sky Park, and Takahira Tembo Park, is said to make your dreams come true. Ring the bells with your friends or significant other.



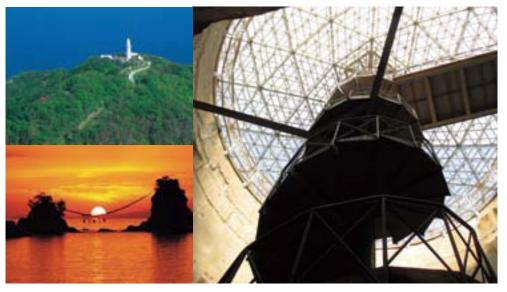


Hatouzu Bathing Beach 逋

The beautiful beach with starkly contrasting white sands and green pine groves is counted as one of Japan's top 100 white sand beaches and green pine groves. Situated at the prefecture's southernmost tip, it is the most popular bathing beach in the summer.

Visit Saiki's seaside Love Roads

There are energy vortexes called Love Roads that attract romance in Saiki's Ura area, known for its saw tooth coastline. About 16 places are dotted around four areas; Kamiura, Tsurumi, Yonouzu, and Kamae, and each one makes a perfect dating spot for lovers. The twin rock bound by a heavy rope at Kamiura district's Bungo Futamigaura is iconic believed to help visitors with family happiness, fulfillment in love, and matchmaking. Your luck is sure to improve if you wish for help in love against the spectacular sea view!

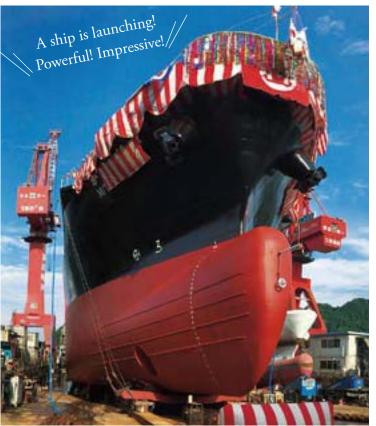


Tsurumisaki Lighthouse (Upper left) (1) Tsurumisaki Lighthouse at Kyushu's easternmost point is where the sun rises the earliest in Kyushu. Why not ring the Bell of Happiness while enjoying the spectacular vista?

Bungo Futamigaura (Lower left)

Bungo Futamigaura is a cherished symbol of Kamiura district. The inseparable, tightly bound rope that never falls might impart it powers to strengthen the tie between lovers. Tanga Hodai Park 逋

A former military fortress is a peace-themed park today. The riptides of Motonoma Strait seen from the plaza are spectacular.



Launch ceremony

Attend an old-fashion launching ceremony to celebrate the completion of a new ship. Such an occasion has become rare in Japan, but it is a ritual that is essential to the region's shipbuild-ing industry.





Open air sightseeing cruises offer spectacular views, where visitors can experience the seasonal landscapes all year.

Connecting visitors to Saiki with its nature, food, and culture...

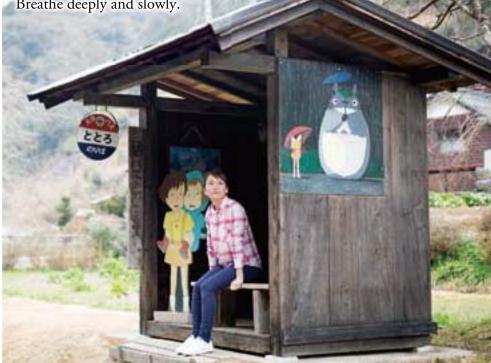
Saiki can boast Kyushu's largest city, with diverse food, history, and nature.

The city considers all its unique elements as tourism resources and provides various experiences to tourists with residents' help. The way a massive ship slowly launches into the sea with a splash at a dynamic launching ceremony is an overwhelming sight! We hope you get to see the grand ceremony for celebrating the completion of a new ship.

Saiki city imparts its many charms to visitors, including cruises for enjoying the sawtooth shaped coastline, fishing experieces with local fishermen, and water sports.



Breathe deeply and slowly.







Totoro's bus stop 📳 Ume Minami-Tabaru, Saiki.

The quiet satoyama feels like Totoro's village, where numerous Totoro dolls and a cat bus welcome visitors. Totoro is an actual place name in Ume, Saiki, where there used to be a local bus stop. The bus stop sign still stands at the site.

Slow, leisurely and nostalgic. Explore the old-fashioned surroundings.

A satoyama (farming landscape near the hills and mountains) is a beautiful and uniquely Japanese environment where nature is in harmony with the people and the various creatures that it nurtures. Why not visit the gorgeous landscapes where people and nature resonate together, and experience the unspoiled nature and the old way of life? Your heart will feel lighter by just placing yourself in an abundant yet simple environment. Idyllic farmland, mountains in seasonal colors, and natural smiles fill the hamlets of Ume, Naokawa, Yayoi, and Honjo in Saiki. They are reminiscent of the setting of the anime film, "My Neighbor Totoro". Every district offers truly varied features, from a forest that makes you feel as if a real Totoro might appear, to a unique monument that replicates a large watermill used by farmers to generate power in the old days. A journey through a satoyama will give you pleasure and a sense of security that you are surrendering yourself to something greater. The time you spend experiencing the rich landscapes and local stories that you will hear will be deeply engraved in your heart.



The Honjo district, AKA "Daisuisha no Sato" (home of the giant watermill), has a wooden watermill monument. With a diameter of 18.18 meters and 128 blades, it is one of Japan's largest wooden watermills. Visitors can try their hands at making soba noodles at Suishajaya Nanohana.



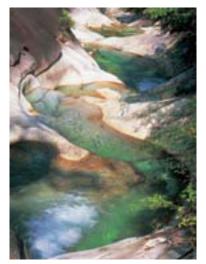
Uta Genka Bridge 🚇

The bridge spans across the Kitagawa Dam lake on the boundary between Oita and Miyazaki prefectures. Its beautiful geometric form makes it an iconic spot. The roadside rest area Michi-no-Eki Ume is nearby.

Firefly trail 📵

Visitors can see an astonishing number of fireflies, along Saiki's first-class river Banjo. Honjo's Kabuchi district provides the best view, where many people visit in early June.





Fujigawachi Valley

Mountain



- Bathhouses -

There are five public bath houses located by the sea and in the mountains of Saiki. Why not take a break and visit one?

Kabutomushi-no-Yu 🕮 Kosen Center Naokawa 

Sato-no-Eki Utagenka-no-Yu B Rekishi-no-Sato Kiura Meisuikan Viura-Kozan, Ume, Saiki. V+81-972-55-4154 O10:00-19:00 (Apr-Oct) 10:00-18:00 (Nov-Mar) Wednesdays ¥Adults ¥430, children ¥210



Yayoi-no-Yu 🚇

Omoide Bridge

♥ 898-1, Kamiogura, Yayoi, Saiki.
 ↑ +81-972-46-5841
 (10:30~23:00 (Last admission 22:15)
 10:30~23:00 (Last admission 22:15)
 10:30~20:00 (Last admission 22:15



Fujigawachi Yu-topia 🕮

 ♥ 1297, Kiurauchi, Ume, Saiki.
 ✓ +81-972-54-3938
 № 10:30~17:00 (Apr-Oct) 10:30~16:00 (Dec-Mar)
 Thursdays ¥ Adults ¥430, children ¥210



column

We want to protect our precious treasures. Sobo, Katamuki and Okue Area Registered as a UNESCO Geopark

A UNESCO Geopark is a concept for developing economically and socially sustainable ecosystems and biodiversity through conservation. An area centered on the mountains of Sobo, Katamuki, and Okue on the boundary of Oita (Saiki, Taketa, Bungo-Ohno) and Miyazaki (Nobeoka, Takachiho, and Hinokage) prefectures was registered as a UNESCO Geopark in June 2017.

The park contains mountainous areas with Kyushu's highest peaks, beautiful valleys, and virgin forests. The forests contain a wide variety of plants, including broad-leaf trees such as the red-bark oak and summer greens, which produce delightful crimson foliage. It is also an important area inhabited by indigenous species on the brink of extinction, including the Japanese serow and certain Asian salamanders.

Folk entertainment, such as festivals and kagura (sacred music and dance), has been passed down through generations, and reverence for nature is rooted in the region's culture. Various activities, including bioassessment, nature camps, trekking, and outdoor events are offered to help protect the region's abundant nature and pass it on to the next generation.

Roadside Rest Areas/Shops

Michi-no-Eki Ume

♥ 2513-5, Minamitabaru, Ume, Saiki.
 / +81-972-54-3090
 ♥Shop 10:00~17:00
 Restaurant 11:00~14:00
 ard Thursday

Michi-no-Eki Kamae

♥ 5104-1, Kamaeura, Kamae, Saiki.
 ✓ +81-972-42-0050
 ④ Farm shop 9:00~17:00
 Restaurant 10:30~16:00 (Last order 15:30)
 ✿ The end of the year and New Year holidays

Michi-no-Eki Yayoi

898-1, Kamiogura, Yayoi, Saiki.
+81-972-46-5951
Yayoi Pikaichi 8:30-17:30 Yayoi-no-Yu 10:30-23:00
Yayoi Pikaichi is closed on New Year's Day. Yayoi-no-Yu and Banjou Osakana-kan are closed on the 2nd Tuesday of the month.

Onyujima Shokusaikan

♀ 1059-11, Kuboura, Saiki.
 ᄼ + 81-972-23-2535
 ⊗Dining & shopping 9:00~18:00
 ✿ Wednesdays, the end of the year and New Year holidays.

Tsurumi Shokuhinkan

♥ 1059-1, Jimatsuura, Tsurumi, Saiki.
 ★ +81-972-33-1056
 №8:00~16:30
 Tuesdays, the end of the year and New Year holidays.

Kamae Interpark Amabe-no-Ichi (seafood market)

 ✓ 142-16, Morizakiura, Kamae, Saiki.
 ✓ +81-972-44-5515
 ④9:00~18:00
 Umi-no-Restaurant Waraiyo
 Weekdays 11:00~15:30 (Last order 15:00) Saturdays. Sundays & holidays 10:30-16:00 (Last order 15:30)

New Year's Day
 Sato-no-Eki Takahira Tembo Park

 ♥ Takenoura Gouchi, Kamae, Saiki.
 / +81-972-42-1880
 № 10:00~16:00 (Apr-Nov) 10:00~15:00 (Dec-Mar)
 ₱ Wednesdays, Dec 29 ~ Jan 3















Unite with nature



Canyoning

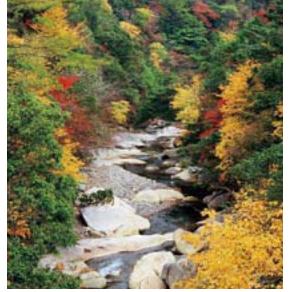
Fujigawachi Valley on the border of Ume, Saiki, provides the setting for the French water sport, Canyoning. You could take a dive there and swim in the river or scale the cliffs of nature's creation. Epic adventures you can only experience in nature's gallery await you.

Ume Camping Village Sora no Hotori



Fujigawachi Valley (E) Kiurauchi, Ume, Saiki. The valley has trails where trekking

tours are conducted on an irregular basis.



The vibrant crimson foliage that adds color to the landscape is also worth seeing.

When your body is weary from all the fun you've had, the thing to do is to visit the little-known baths of Fujigawachi Yu-topia and Kiura Meisuikan (p.07).

A +81-972-25-4118

Eco Park Promotion Office

Nature A Check off your buc



Saiki-Onyujima Route was certified as a Kyushu Olle route in March 2018. The route contains many of the island's unique features, including a coastal walk. The Tomiyama Viewing Spot offers a 360-degree panorama of Shikoku, Bungo Channel, and the city of Saiki. Rural roads exude the ambiance of the island's old days. You will get a pleasant feeling from the slow-paced island life as you walk with the sea breeze behind you.

 Certified Kyushu Olle route





Mount Motogoe 逋

Kitachi & Yonouzu, Saiki.

The 582-meter-high mountain is counted as one of Kyushu's best 100 mountains and boasts a spectacular 360-degree view. The faraway mountains of Shikoku, the Bungo Channel, and Sobo-Katamuki are visible from the summit on a clear day.



Mount Shakuma (D) Yayoi, Saiki. The mountain is part of the Nippo Kaigan Quasi-National Park. It is known as a sacred mountain and has a Shinto shrine at the summit. It is a famous spot for viewing the sunrise attracts many visitors on New Year's Day.



Surfing

131

Surfing lets you feel nature's grandeur. With the Bungo Channel's abundant sea, Saiki offers surfing spots such as Hatouzu and Motozaru beaches with striking white sands and green pine groves. The waves are sure to wash away your everyday stress.

ctivity

So many moving experiences!!

Scubadiving

Adorable tropical fish swimming gracefully and the coral reefs add color to the underwater seascape. The best part of scuba diving is that it lets you enjoy a world of another dimension. Diving spots such as Fukashima and Yakata islands offer natural surroundings unique to remote islands and are like resorts where you can experience extraordinary and profound healing.

> Hazako Nature Center

1751, Urashiroura, Yonouzu, Saiki. The interactive nature center offers visitors the chance to learn about sea turtle biology through their rearing and release. It provides many programs for taking in the delights of nature throughout the year.

+81-972-34-8448



items on ket list in Saiki!

Relax and have fun with family and friends!



Banjou Osakanakan (B) 898-1, Kamiogura, Yayoi, Saiki. (C) +81-972-46-5922

The freshwater aquarium primarily exhibits creatures that inhabit the first-class river Banjo. Besides the permanent exhibits, the aquarium also frequently holds limited-period special exhibitions. Visitors can see a beautiful school of ayu (sweetfish).



Naokawa Ikoi-no-Mori Park Campsite 1262, Akagi, Naokawa, Saiki. +81-972-58-2517

The campsite is popular for its insectarium where visitors can get a close-up view of 150 to 200 live unicorn beetles. Youngsters can enjoy playground equipment such as a roller slide.

Camping Camping

Visitors can enjoy camping throughout Saiki and enjoy the beautiful sea, mountains, and rivers. From fully equipped bungalows to auto-camping, how you enjoy camping is up to you. Have memorable experiences unique to camping as you strengthen the parentchild bond or discover a friend's unexpected side.

Onagara Forest Park Campsite (B) 107, Onagara, Honjo, Saiki. + 81-972-56-5566

The campsite is adjacent to a large wooden watermill.

Sora-no-Hotori Ume Camping Village (B) 2513-3, Minamitabaru, Ume, Saiki.

The campsite is adjacent to the Michi-no-Eki Ume rest area. Pets are allowed in some areas of the site.

child bond or discover a friend's unexpected side. Campsite (D) Saiki. Takenoura Gouchi, Kamae, Saiki. Campsite (D) Takenoura Gouchi, Kamae, Saiki.

C + 81-972-42-1880 The campsite offers views of the sea below.

Zeai Park Campsite (#) Zeai, Kamiura, Saiki. C +81-972-32-2700 The site offers bungalows

The site offers bungalows close to the ocean.

Saiki Nature Activity Keep an eye out for the traditional Kamado white miso made by the island's women for enerations Check off items in your bucket list in Saiki! Island Tours generations. Fukashima Island The island has 15 inhabitants and about 100 cats, and every cat has a name. Food without additives can be enjoyed at the Fukashima Diner, 98 Cats outnumber island residents, and time moves slowly on the island. Once you step onto such a remote island, you are welcomed by its pristine ocean, where coral reefs grow. The island also has many scuba diving and surf fishing spots. See colorful coral reefs as you peek inside the clear water! Board one of the three-a-day scheduled boat services and land at the tiny paradise on the southern sea, feeling Kangaroo Hiroba the sea breeze on your face. A statue of a reclining kangaroo greets you at Kangaroo Hiroba. Onyujima Island The gourd-shaped Onyujima Island on Saiki Bay is only 17 kilometers in circumference. The time you spend on the island will make you feel free as a bird. Enjoy sightseeing on a rental bike and see gorgeous views of the deeply indented coastline, or fishing at any time of the year, will be truly healing. Kami-no-I (well) The stone well faces the sea. A mythical tale attached to it states The Onvuiima Kanko Ferry, that that crystalline water sprung up travels from Saiki Bay to Onyujima where Emperor Jinmu had carved Island, runs 15 services a day out the coast with his arrow. and takes about seven minutes. Explore the castle town. History and Literature Road iterature Ro The approximately 700-meter road that stretches from the Mt Shiroyama starting point Sannomaru site of Otemon Gate to Yokenji Temple is called the History History and and Literature Road. The cobbled street and white earthen walls add to the ambiance of the castle town. Take a nostalgic trip to a place where the past lives alongside today Sannomaru Yagura-mon Gate Yamagiwa Stre while feeling the vibe of the town that dates back to the Edo Saiki Castle's only surviving remains are Oita Prefecture's period. Jingoji Street tangible cultural property Saiki City **Historical Museum** The museum exhibits Saiki's valuable historical artifacts. There are permanent exhibits Kyushintei tearoom Uchibaba The matcha tastes exceptional as you enjoy it while appreciating the beautiful garden. The calming setting in sympathy with the historic area is enjoyed as an oasis by visitors exploring the castle town. primarily themed on history from the middle ages to early modern times. Also check out 3 Street the rotating exhibits and various lectures. To Oita Nishidani Koji anaka Koji

Otemae

Honmachi Street

Mount Shiroyama

Mount Shiroyama is Saiki's cherished symbol. The view from the summit includes the faraway mountains of Shikoku. There are also stone walls that indicates the site of the castle built by Mouri Takamasa in 1606.

From the ocean to the mountains, there is so much to experience in Saiki!

Blue tourism

column

Blue tourism involves staying in a fishing village in a coastal region or an island to experience marine life unique to the area. It is active in Kamae fishing town that has the advantage of having a naturally-formed port on the indented coastline. Visitors can try various programs, including fishery, pearl cultivating, and wat er sports while enjoying interactions with the locals. Visitors will discover the region's life and culture that are rarely seen in strolling through the town. You are sure to treasure your encounters with residents.

http://kamae-umigyo.com/

Green tourism

Find unspoiled nature, old-fashioned way of life, and natural smiles. A time you spend discovering idyllic rural landscapes, the regions' age-old industries, and handicraft that has been passed down in farming villages also gives you a chance to discover yourself. While staying in a farmhouse, various experiences await, including fruit and vegetable picking, stone-baked pizza-making, rice planting, and recreational activities.

Baba

pine



Castle Town Saiki Kunikida Doppo Museum The museum is housed in the restored old Sakamoto family residence where Meiji's leading literary legend Kunikida Doppo had lodged in during his youth while living in Saiki. The museum shows exhibits and it also has an archive.

Yokenji Temple The training temple is closed to the public.



.....

Saiki Peace Memorial Hall Yawaraqi Visitors can learn about the history of the early Showa era and peace in Saiki, which has developed along with the Saiki Naval Air Fleet.

Enjoy a refreshing ride! Bike rental

 Saiki Castle Town Tourist Information **Rental/returns** Saiki City Tourist Information

Take a used admission ticket from Kunikida Doppo Museum or Saiki City Historical Museum to get a half-price discount on bike rental.



EVENT CALENDAR



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Early April	Saiki Spring Festival
Early April	Senzaki Park Azalea Festival
Early April	Yanase Tulip Festival
ate April	Mt Katamukiyama's start of the climbing season
_ate May	New Season Tea Festival
	No. K



Early June	Honjo Firefly Festival
Late June	Start of the swimming season (Motozaru, Hatouzu, and Zeai beaches)
Mid-July	Unicorn Beetle Tree Climbing Competition
Early August	Saiki Jinmu Fire Festival
Early August	Mizube-no-Sato Music Festival
Late August	Evening of Katata Odori





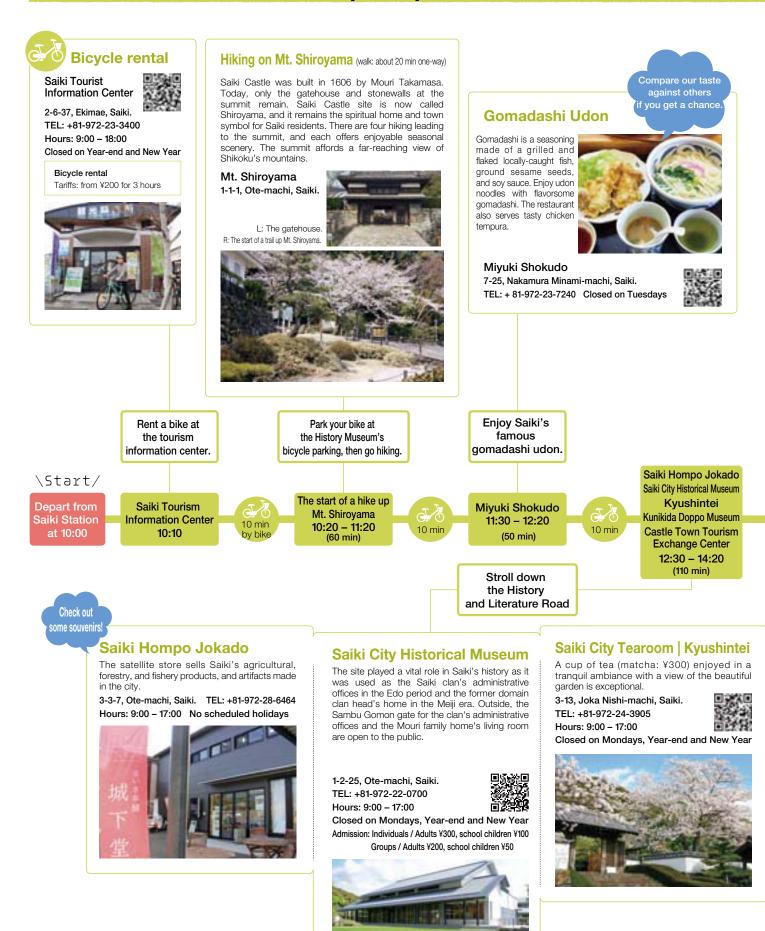
Early September	Yayoi Summer Evening Festival
Mid-September	Gocho Festival (Joyara)
Late September	Tsubakihara, Hachihikibaru & Ume Fall Festival
Late September	Tsurumi Hougyo Festival
Mid-October	Banjo Ayu Yana Kanko Festival
Late October	Yonouzu Seafood Festival
Mid-November	Takahira Tembo Park Nojigiku Festival



Early December	Replacing of the shimenawa rope at Bungo-Futamigaura
Late December	The lighting of the illuminations at Bungo-Futamigaura
January 1	Sunrise walk
Mid-January	Onyujima Island Tondo Fire Festival
Mid-January	Kamiura Osettai
Mid-February	Kiura Sumitsuke Festival *Biennial

1 Castle Town Saiki by Bicycle

Sushi-making experience is also available





Castle Town Saiki Kunikida Doppo Museum

The house the literary legend had occupied in the 1800s has been conserved almost intact. Enjoy feeling as if you have traveled back in time.

Closed on Mondays, Year-end and New Year

Admission: Adults ¥200, school children ¥100

9-37, Joka Higashi-machi, Saiki. TEL: +81-972-22-2866 Hours: 9:00 - 17:00

Coffee, snacks, and soft-served ice cream are available for purchase. Please receive a stamp to commemorate your hike.

8-19, Joka Higashi-machi, Saiki. TEL: +81-972-28-5656 Hours: 9:00 - 18:00

Why not take a break appreciating the

beautiful Japanese garden? The meticulously

crafted Japanese building is worth a look.

Closed on Year-end and New Year



Saiki sushi

restaurants

details

Scan the QR code for

Sushi is closely linked to Saiki.

Be sure to try Saiki's sushi.

Scan the QR code for

7 minutes by boat. Enjoy walking on

Onyujima **Olle route**

Onyujima Island.

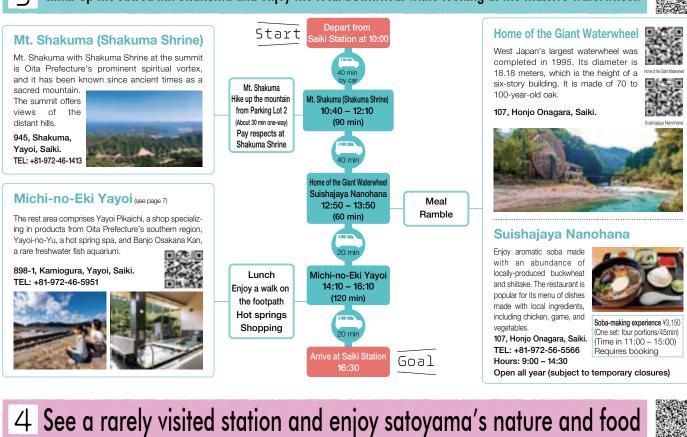
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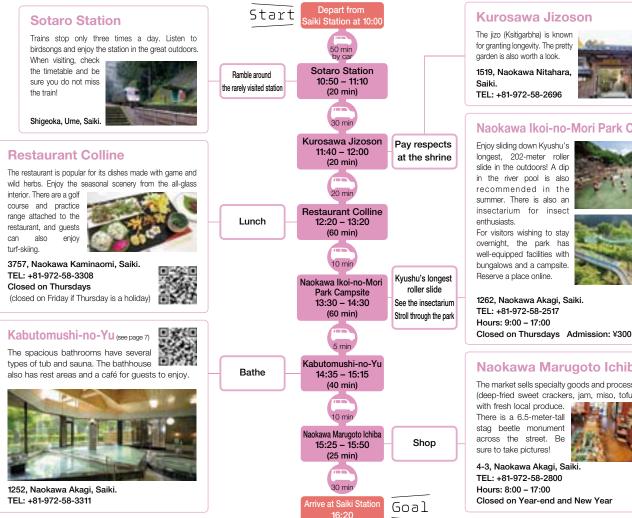
Enjoy a UNESCO Geopark's natural surroundings





Climb up the sacred Mt. Shakuma and enjoy the local buckwheat while looking at the massive waterwheel.





Kurosawa Jizoson

The jizo (Ksitigarbha) is known for granting longevity. The pretty garden is also worth a look.

1519, Naokawa Nitahara, TEL: +81-972-58-2696

Naokawa Ikoi-no-Mori Park Campsite

Enjoy sliding down Kyushu's longest, 202-meter roller slide in the outdoors! A dip in the river pool is also recommended in the summer. There is also an insectarium for insect enthusiasts. For visitors wishing to stay

overnight, the park has well-equipped facilities with bungalows and a campsite. Reserve a place online.



1262, Naokawa Akagi, Saiki. TEL: +81-972-58-2517 Hours: 9:00 - 17:00



Naokawa Marugoto Ichiba

The market sells specialty goods and processed products (deep-fried sweet crackers, jam, miso, tofu, etc.) made

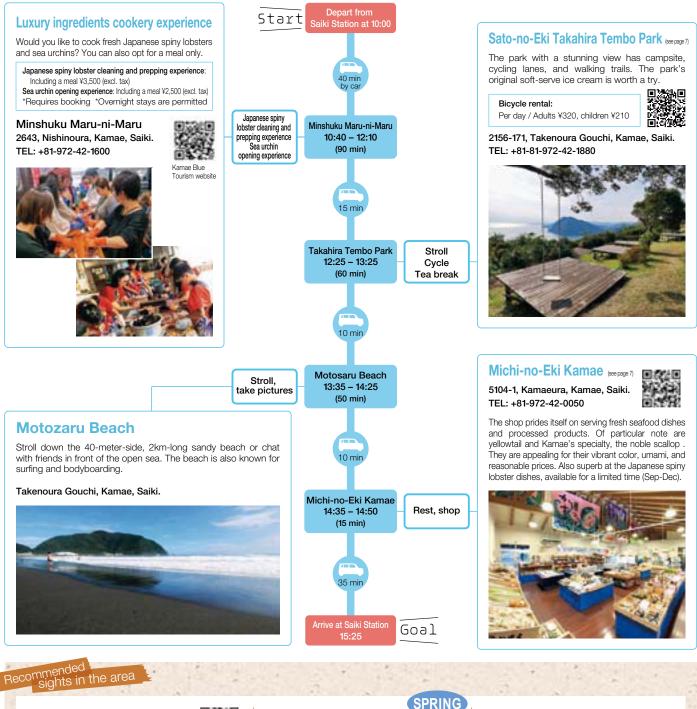
with fresh local produce. There is a 6.5-meter-tall stag beetle monument across the street. Be sure to take pictures!

4-3, Naokawa Akagi, Saiki TEL: +81-972-58-2800 Hours: 8:00 - 17:00 Closed on Year-end and New Year



5 Cook with luxury ingredients! Enjoy the fishing town fully.





Kamae Inter Park (see page 7)

142-16, Morisakiura, Kamae, Saiki. TEL: +81-972-44-5515





Senzaki Tsutsuji Park

2110, Nishinoura, Kamae, Saiki.

The park offers an opportunity to take epic pictures of the Pacific Ocean. Early April is the perfect time to capture images of azaleas.





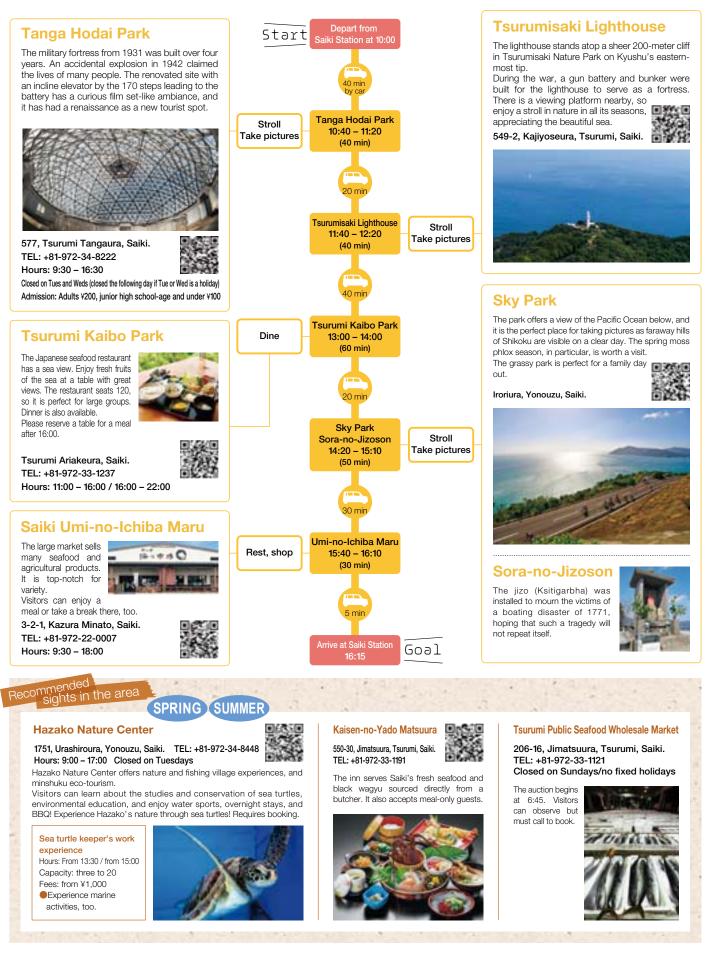
Hatouzuura, Kamae, Saiki.

The 800-meter-long beach is listed in Japan's Top 100 Sandy Beaches with Pine Groves.



6 See stunning views of nature and architecture



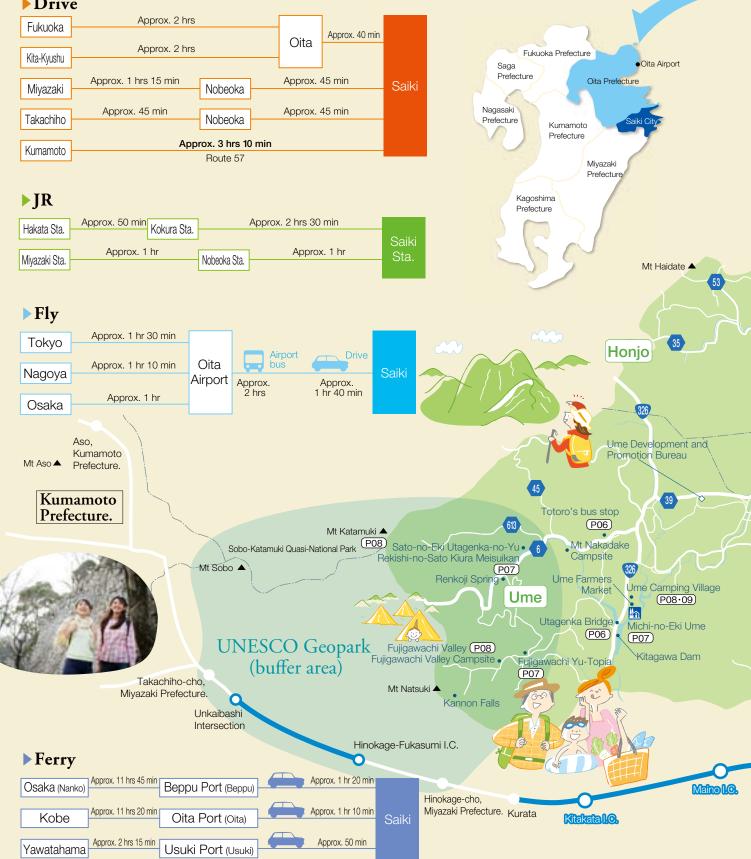


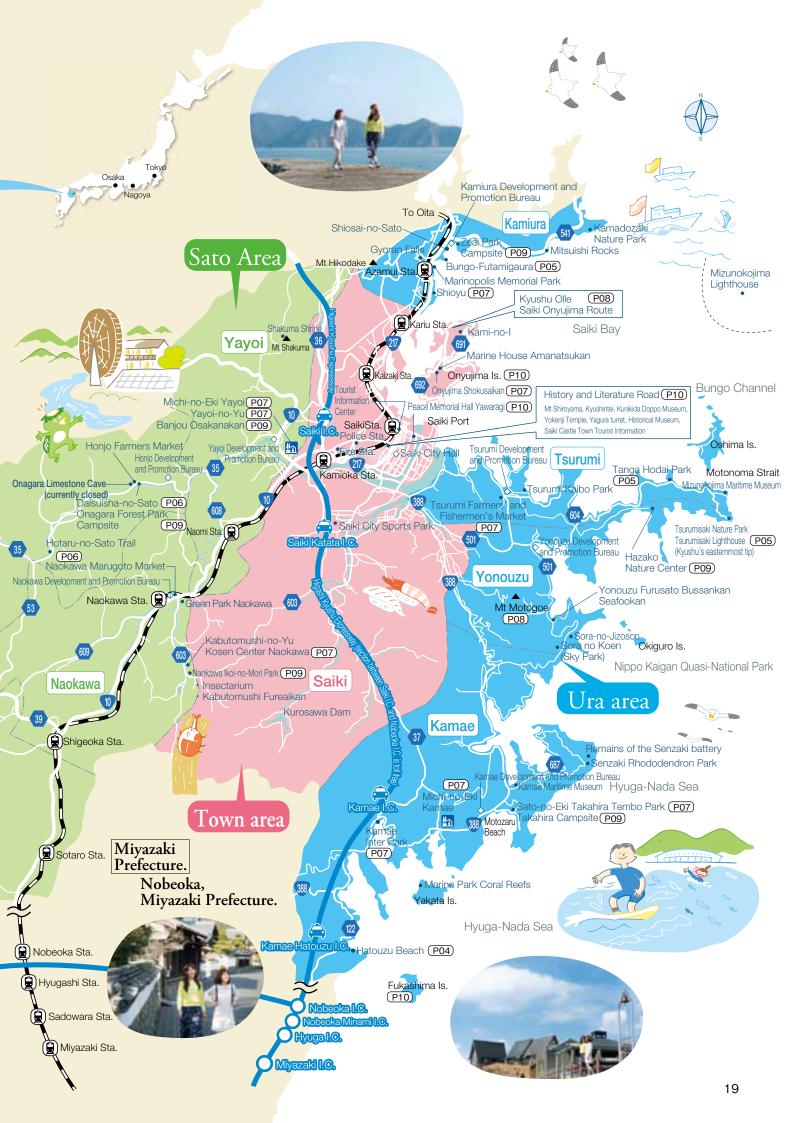
Saiki is Kyushu's largest city with an azure sea, sparkling streams, and abundant greenery.

Saiki Map

How to Get to Saiki







Ise Lobster

Iseebi

Fresh Ise lobster dishes can be enjoyed at various restaurants for three months starting in September when the Ise lobster fishing season opens in Saiki. Wild Ise lobsters with a firm flesh packed with sweetness and umami are top-notch in every aspect; color, luster, and size.

Local rice bowl dishes topped with foods from the sea and the mountains

Saiki Bowl

Saiki that boasts the most extensive acreage in Kyushu, offers a wide selection of unique rice bowl dishes for you to savor the foods of the sea and the mountains with gusto, thanks to the region's bountiful nature. Find your favorite from Atsumeshi for enjoying marinated sashimi with piping hot rice to seafood bowl and wild game bowl.

Venison Poêlé Bowl Shika poeler don

The dish made with local venison thighs involves pan-frying the meat slowly in butter, leaving the inside tender and moist. The light-tasting dish has a genule, gamey flavor.



Atsumeshi Atsumeshi

The rice bowl dish consists of sashimi such as yellowtail, horse mackerel, and mackerel marinated in a soy-based sauce, arranged over pipinghot rice, topped with condiments, and steeped in tea or dashi.

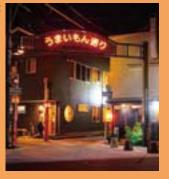


Column

We also recommend Saiki's bar foods with a twist

Umaimon (tasty food) Street

As the sun goes down, the red lanterns begin to light up in the street lined with izakayas (taverns) in Saiki. The so-called Umaimon Street bustles with people seeking Saiki's tasty fare. Besides eateries serving fresh seafood, those specializing in chicken dishes are also popular. Make sure you try the profoundly deep Saiki's culinary world.



A traditional and versatile seasoning of a fishing town Saiki Sesame Dashi

Gomadashi (sesame dashi) is a soul food made with love by older women in fishing villages. It is made by grilling and flaking locally-caught horse mackerel and lizardfish and making a paste out of mirin, soy sauce, and lashings of sesame seeds. It makes a dish come to life and is used in a variety of dishes.



Shirasu (Whitebait) Bowl

Scarce, fresh whitebait caught in the morning, and fluffy boiled whitebait: Both make perfect toppings for a bowl of rice, and if you come across them, you must try them before going home! Go on, take a big bite. They also come in mini bowls.

Seafood Bowl

You must not miss trying a seafood bowl if you want to get your fill of the fruits of the sea nurtured by one of Japan's top fishing grounds, the Bungo Channel. Many kinds of seafood are caught throughout the year, and the numerous seasonal fish gracing the bowl speaks of the sea's abundance.

Enjoy many delicious morsels

Country feasts utilizing the region's climate await you in Saiki, where the environment is blessed with the sea, mountains, and rivers. Saiki's favorable environment created the phrase "Saiki's lord is alive thanks to the sea" in the Edo period. These days, people say, "the woodlands nurture the sea's bounty." The culinary offerings utilizing nature's bounty from the sea to the mountains are richly varied, from seafood bowls topped with a luxurious range of seafood to game and traditional home cooking. The abundance and freshness of countless food ingredients are thanks to the region's excellent environment blessed with the sea and mountains' bounty. To this day, the locals' creative ideas are giving birth to new local specialties. What will you try first in the town of gastronomy where you will find delicious things all year?

Saiki Sesame Dashi Udon

Saiki gomadashiudon

The regional dish consists of boiled udon topped with traditional sesame dashi, steeped in hot water. The white fish and aromatic sesame seasoning act as dashi when mixed well, creating a mild-flavored soup.



Fish swimming in the Bungo Channel's rough waves have firm flesh and just the right amount of fat. When a skilled chef works his magic on such excellent fresh fish, it instantly turns into Saiki sushi. Saiki's sea yields one of the highest volumes and varieties of seafood. The range of sushi ingredients alone is said to exceed 50. Please enjoy seafood when it is in-season as it tastes the best and provides the highest nutritional value.

Bungo Channel's seasonal catches and masterful skills create Saiki's gastronomic fare.



Sated by unforgettable, Delicious flavors

What will you do if you suddenly find time for a vacation? Go where you want, when you want. It'll be a great idea to go on a short vacation of experiencing the sights, smell, sound, and climate with your entire body.

Satisfy your appetite with delicious and unique regional dishes. You could leap from the norm and sit at the sushi counter. The gorgeous piece of sushi the chef's eye-catching handiwork and seasonal flavors create possess a magical power to make diners smile.

The city of Saiki has been protecting its mountains and nurturing its sea since the old days.

It has cultivated many regional products and culinary delicacies that utilize the city's climate, where people live in harmony with beautiful natural surroundings. The city's abundant culinary offerings warm the heart of visitors. There are many stories behind each dish.

They are waiting for you to discover them.

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